

Rules

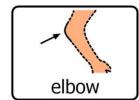
- Put your playing pieces on the "Start" square.
- When it's your turn, draw a question card from the deck.
- If you answer the question correctly, roll the die and move forward that number of spaces.
- First player to reach the finish wins!

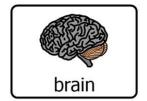
When something is good for you, it is ____.





The part of the body that helps us think is the _____.

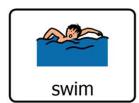




What do vitamins help us do?



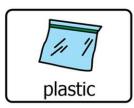
stay healthy



healthy

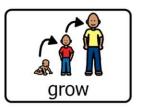
Healthy snacks are made of _____.



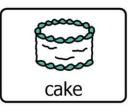


Vitamins help your body _____.





Which is NOT a healthy snack?

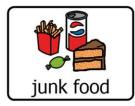




real food

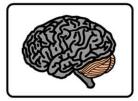
healthy food

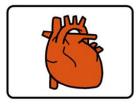
What helps your body and brain feel good?





Which shows a brain?



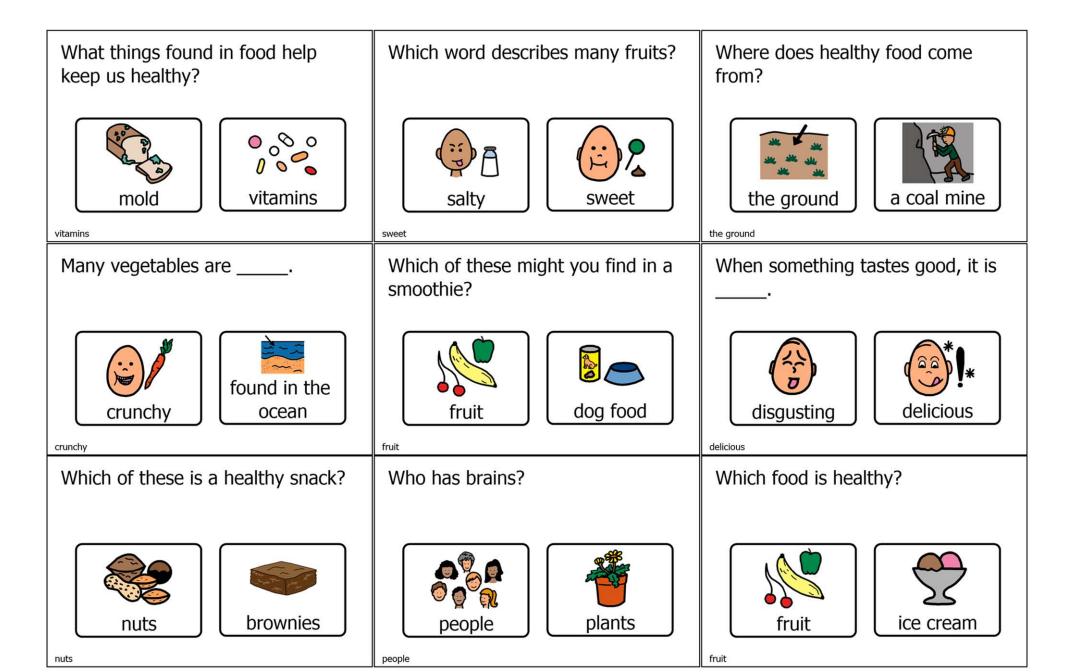


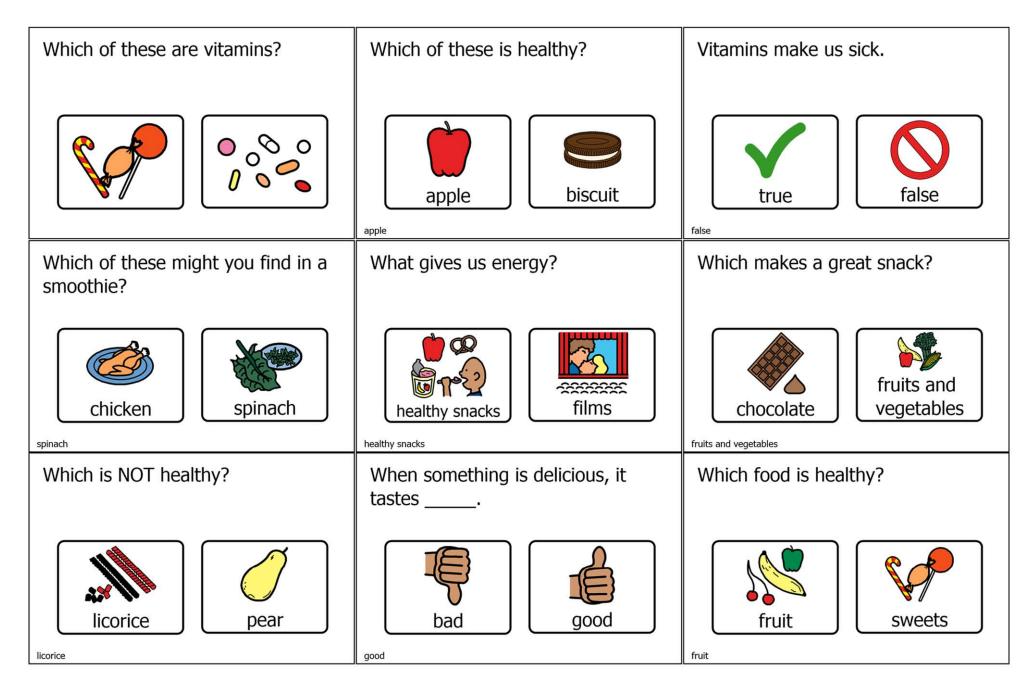
Which drink has a lot of vitamins?





milk





When you mix different things like fruits and vegetables in a blender, it is called _____.

Where might you find healthy food?

Your brain helps you think.

Your brain helps you think.

yes

in a garden

a smoothie